

## What Readers Have to Say About 'Noses Are Red'

"'Noses Are Red' is the de-fun-ative book on children and humor. Yes, I said 'de-fun-ative.' After you read Joel Schwartz's wonderful book, you'll start making up funny words, too!" — **David Glickman, Humor Advantage**

"This book encourages us to lighten up and enjoy our angels at a time in their lives when they are pure sweetness most of the time." — **Robin Wes, founder, The Little Gym**

"This book was so much fun to read. I didn't realize how much I was learning until I found myself using humor to explain where warts come from." — **Mindy May, mother of two sets of twins**

### About the Author

- Abington Memorial Hospital Department of Psychiatry Chairman for 11 years
- Board-certified Child, Adolescent & Adult Psychiatrist
- Certified Child, Adolescent & Adult Psychoanalyst
- Associate Director and Head of Child and Adolescent Services at Northwestern Institute
- Teacher and supervisor for psychiatric residents and psychoanalytic candidates in private practice
- Author of eight books for young adolescents age 10 to 14. His first book, "Upchuck Summer," sold over 150,000 copies in paperback
- Author of "Noses are Red," a manual for parents on how to improve children's sense of humor
- NSA member
- Phi Beta Kappa at Franklin and Marshall College
- Received M.D. from Hahnemann University Hospital, and psychiatric training at the Institute of Living and Hahnemann University
- Herman Belmont Award recipient for Excellence in Teaching Child and Adolescent Psychiatry
- United States Air Force Commendation Medal recipient during his tour of duty in the U.S. Air Force.

# STOP & SMELL THE 'NOSES'

BY DR. JOEL SCHWARTZ



### Contact Dr. Schwartz

1315 Cinnamon Drive  
Fort Washington, PA  
19034  
215-498-6333  
stresslessshrink@  
comcast.net  
[www.stresslessshrink.com](http://www.stresslessshrink.com)

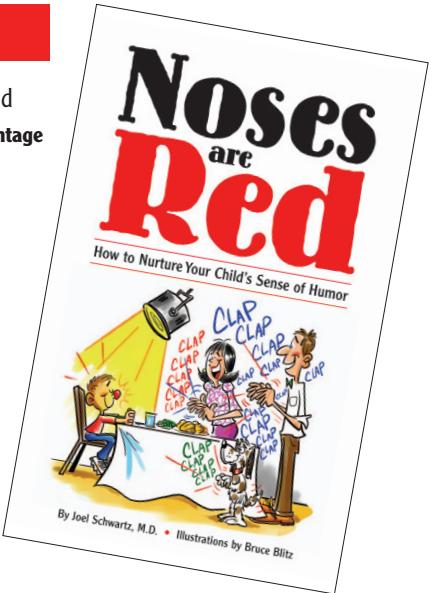
In 'Noses Are Red, Joel Schwartz, M.D., gives his readers the gift of laughter with his comical and thoughtful tips on how to instill humor into children's lives, starting in their infancies.

Dr. Schwartz, head of the department of psychiatry at Abington Memorial Hospital outside of Philadelphia, defines a sense of humor as a light-hearted approach to the trials and tribulations of life. He says, "It is a way of living one's life, of viewing the world and making the most out of one's own potential."

Each chapter of 'Noses' is divided into The Principles, which deal with developmental milestones, and The Practicals, which give the reader suggestions on how to grow the humorous perspective.

Showcasing the illustrations of Emmy-award winning illustrator Bruce Blitz, "Noses" is a colorful, quick read with loads of practical and humorous advice.

Give it as a gift to a new parent or grandparent, offer it to your child's teacher or give yourself a refresher course on the importance of filling your day with laughter. No matter the reason, just be sure to read it.



Buy the book now at [www.NosesAreRed.com](http://www.NosesAreRed.com)